

Play-based learning at home

Why playing with bubbles experience?

Playing with bubbles is a simple experience for children to explore fine motor skills. This involves the capacity to control the small muscles in the hand and fingers needed for specific movements, like holding the bubble wand with one hand and blowing to make bubbles. It can be done outdoors and is fun for everyone.

Playing with bubbles helps to develop:

- Cognitive function through learning how to blow bubbles.
- Learning through repetition.
- Gross motor skills when running, catching and popping the bubbles.
- Sensory processing through touch while popping the bubbles, through sight by watching the bubbles move through the air and through sound by experiencing the sound of breath while blowing bubbles..
- Understanding and exploring the concept of big and small by observing the different sizes of bubbles.

Playing with Bubbles Experience

Here's what you'll need:

- Bubble mixture (recipe below).
- Pipe cleaners.

Here's how to start:

- Make the bubble mixture - half a cup of dish washing detergent (morning fresh is best) two teaspoons of sugar and one cup of water.
- Make pipe cleaners into different shapes to blow the bubbles through.
- Talk with your child about how bubbles are made.
- Demonstrate to your child how to blow to create bubbles.

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Here's how to do it:

- Encourage your child to blow through the pipe cleaner to make bubbles using their breath.
- Point out to your child how the bubbles float in the air.
- Point out the different sizes of the bubbles to your child.
- Encourage your child to explore bubbles by playing, chasing and popping the bubbles.
- Show your child how to softly catch a bubble.
- Have a bubble race - catch a bubble and run to the finish line.
- Explore the concept of big and small, talk to your child about the different sizes of the bubbles.

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