

Sand Drawing Experience

Why sand drawing?

Sand drawing is a simple experience that uses natural resources and is suitable for children of all ages and stages.

Sand drawing helps to develop:

- Fine motor strength and control.
- Creativity through self-expression.
- Pre-writing skills.
- Self-regulation through therapeutic sensory play.

Here's what you'll need:

- A tray, plate or shallow box.
- Sand or even fine dirt or bird seed.
- Although optional, patterns and symbols to copy or items of interest to spark imagination may also be provided.

Here's how to start:

- Place a thin layer of sand over the tray.
- Add interest items if preferred.

Here's how to do it:

- Demonstrate to your child how to draw in the sand.
- Encourage your child to have a turn and see what patterns and symbols they can create.
- Your child may like to try out more challenging designs and drawings and unlike regular drawing on paper, their designs are not permanent and can be easily erased to allow for them to experiment further and build on their ideas.
- Encourage your child to explore the sensory aspects of the experience.
- Have fun.

Play-based
learning at
home

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Photo provided by Belmont Kindergarten